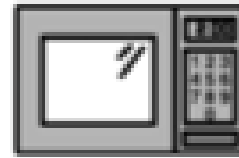
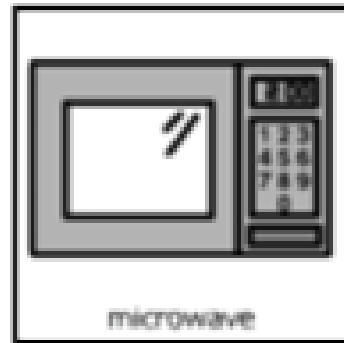


# Personal safety: cooking using a microwave

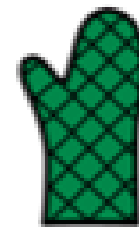
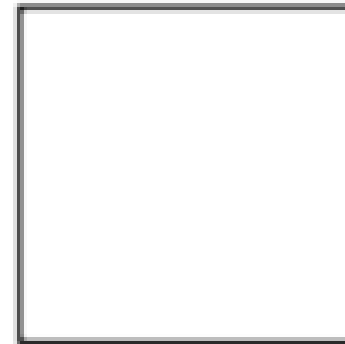
When cooking safely with a microwave



microwave

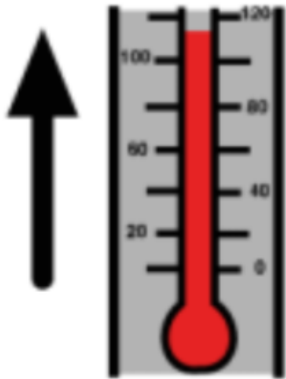
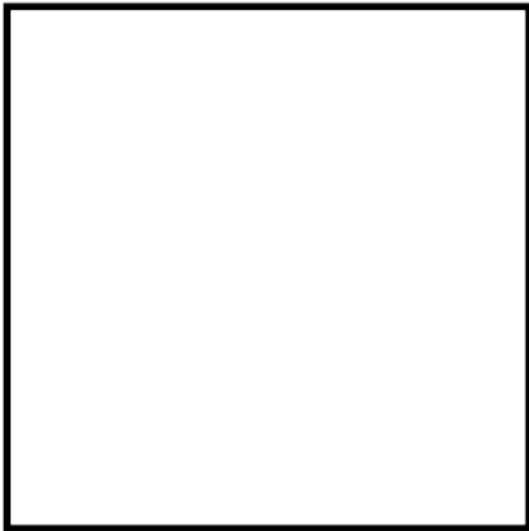


microwave



oven mitt

Food cooked in a microwave is?



hot

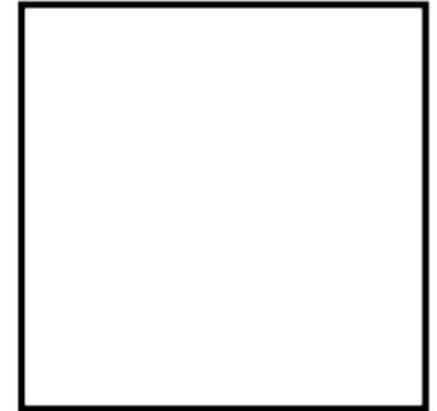


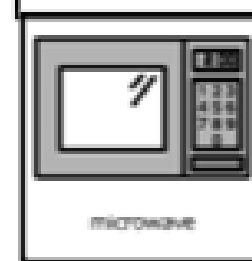
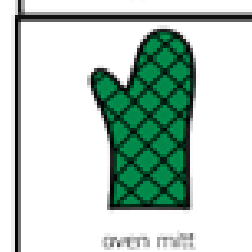
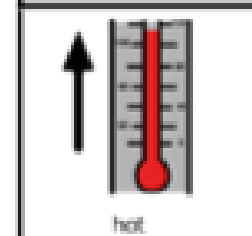
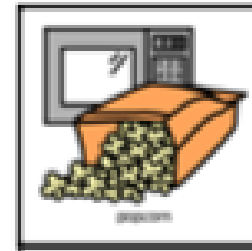
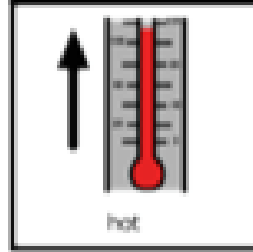
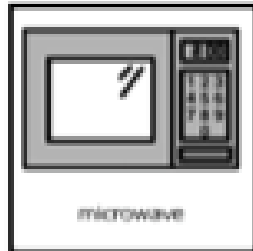
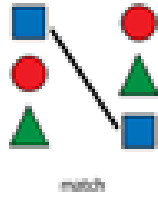
cold

Can I put a metal spoon in the microwave?

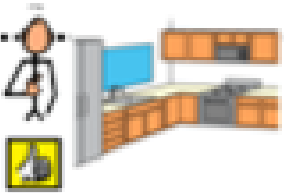


spoon

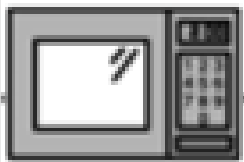




Kitchen Safety

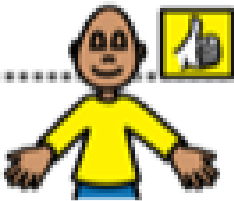


kitchen



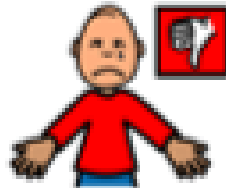
microwave

microwave



safety

safety



NOT Safe

not safe